



Phone no. at home: () - At work: () - Postal code

Name(s) of beneficiary(ies): _____

☐ Legal spouse
 ☐ Common-law spouse
 ☐ Legal spouse and son(s)/daughter(s)

☐ Common-law spouse and son(s)/daughter(s)
 ☐ son(s)/daughter(s)
 ☐ Father-mother
 ☐ Brother-sister
 ☐ Other

☐ Revocable (beneficiary designation may be changed at any time)

☐ Irrevocable (beneficiary designation can only be changed with the written consent of the designated beneficiary(ies))

In Quebec, if designation is not indicated, the designation of the legal spouse is irrevocable and the designation of any other beneficiary is revocable.

Date _____ Y _____ M _____ D _____ Participant's signature _____